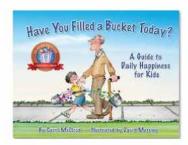
unity palo alto

Unity Kids 10/5 Home Connection



Connecting with and Carrying forward ideas from the book:

"Have You Filled a Bucket Today?" by Carol McCloud.

Today we filled up a real bucket with positive ideas & listened to a story. We had fun with art by creating and decorating our own paper buckets, and filling them with our own ideas.

Bucket Filling: Kindness and positive interactions that build ourselves & others up

Bucket Dipping: Teasing or hurtful behaviors that make others feel bad and empty our buckets as well.

Home Connection

Aask your child:

"What are some things that fill your bucket?"

"How did you fill someone's bucket today?"

"Who's bucket will you try to fill tomorrow?"

Tell them what fills your bucket

Help your child have a full bucket by telling what you appreciate and enjoy about them.

Encourage "Bucket Filling" at home with kind deeds and words.

The more you can focus on the positive and reaffirm this language, the more these concepts can be integrated into your family's lives.