

EMOTIONS ACTIVITY



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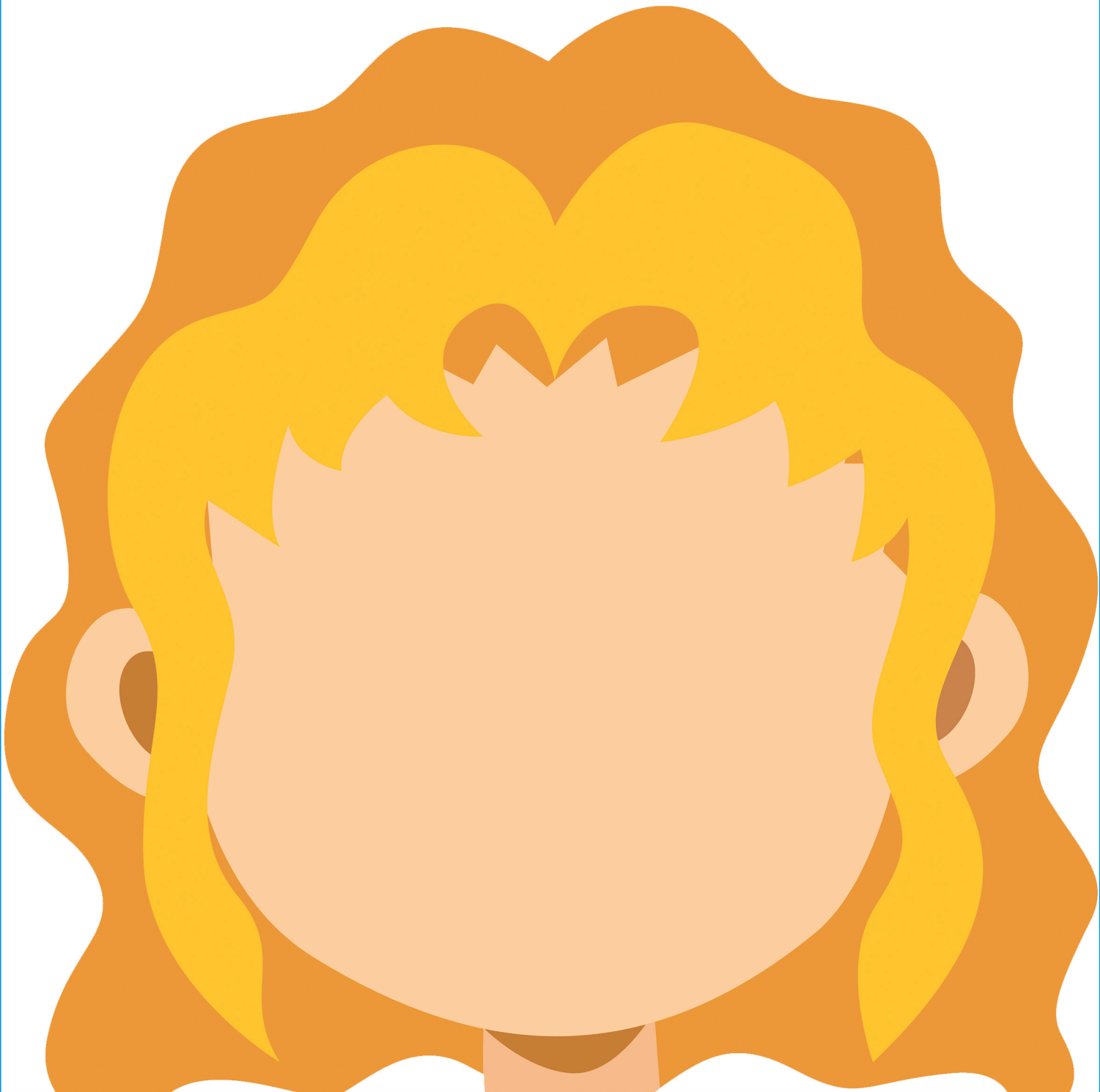
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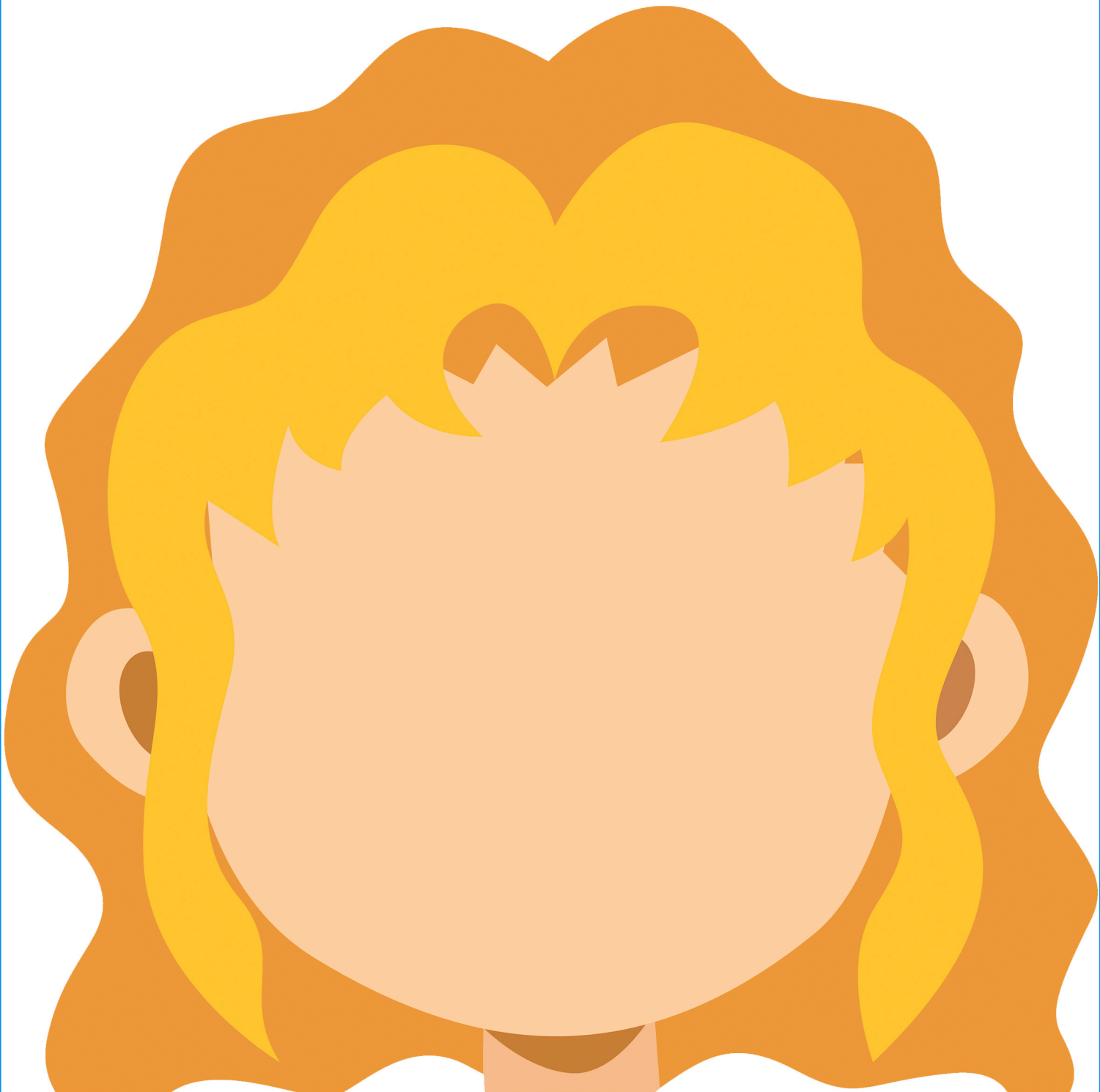
Thanks for stopping by and supporting my work.

I feel like this when I play with my friends, eat my favorite food, or get a hug. When I am like this, I smile, laugh, and feel good inside.



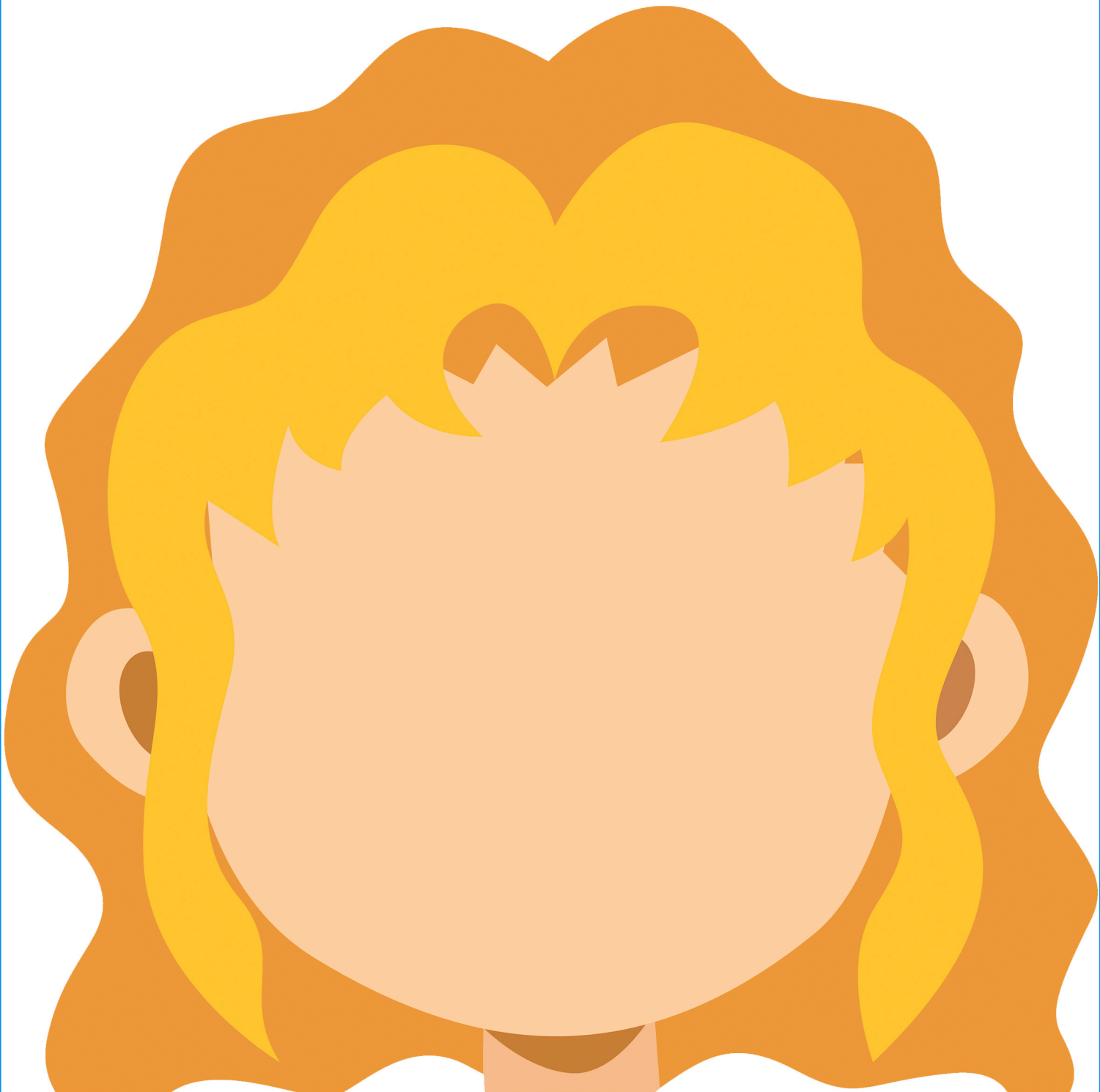
I feel...

I feel like this when I lose something I like, miss someone, or things don't go the way I want. When I am like this, I might cry, feel like I want to be alone, or not want to play.



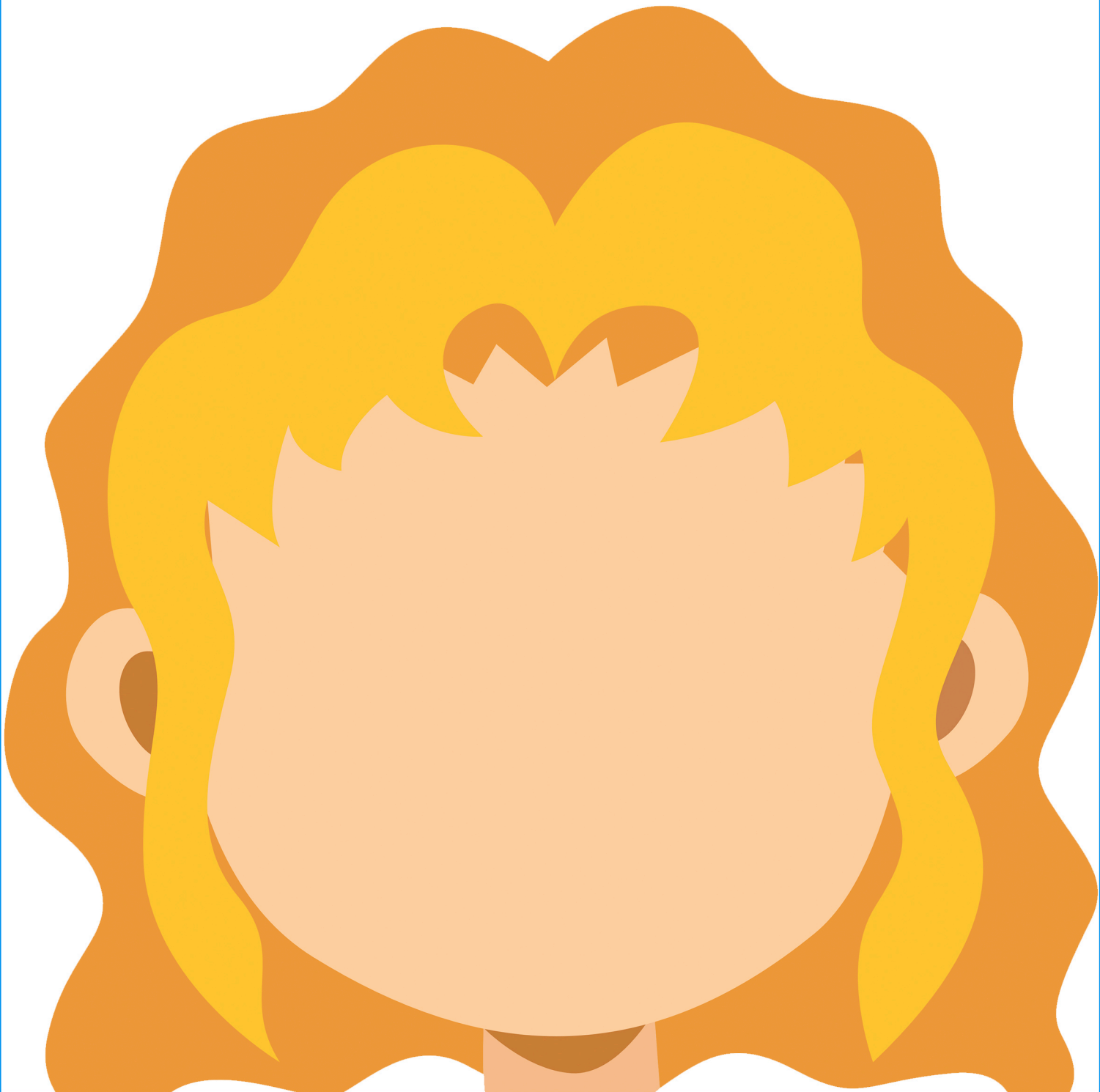
I feel...

I feel like this when something unexpected happens, like a surprise party, or seeing something I didn't expect. When I am like this, I might gasp, my eyes might get big, and my heart might beat faster.



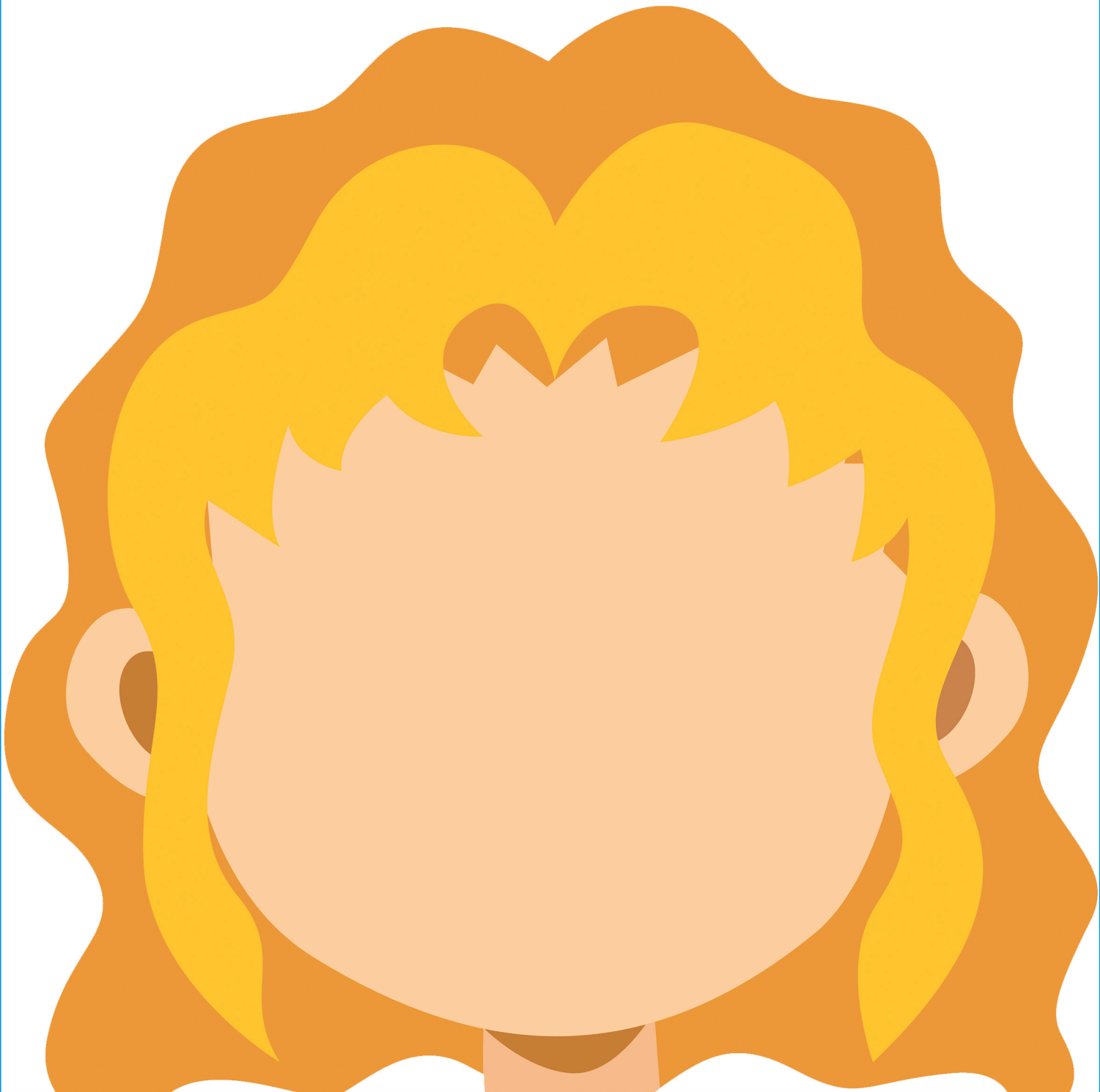
I feel...

I feel like this when I have to do something new, like start a new school, or speak in front of others. When I am like this, I might feel butterflies in my stomach, my hands might get sweaty, and I might not want to talk.



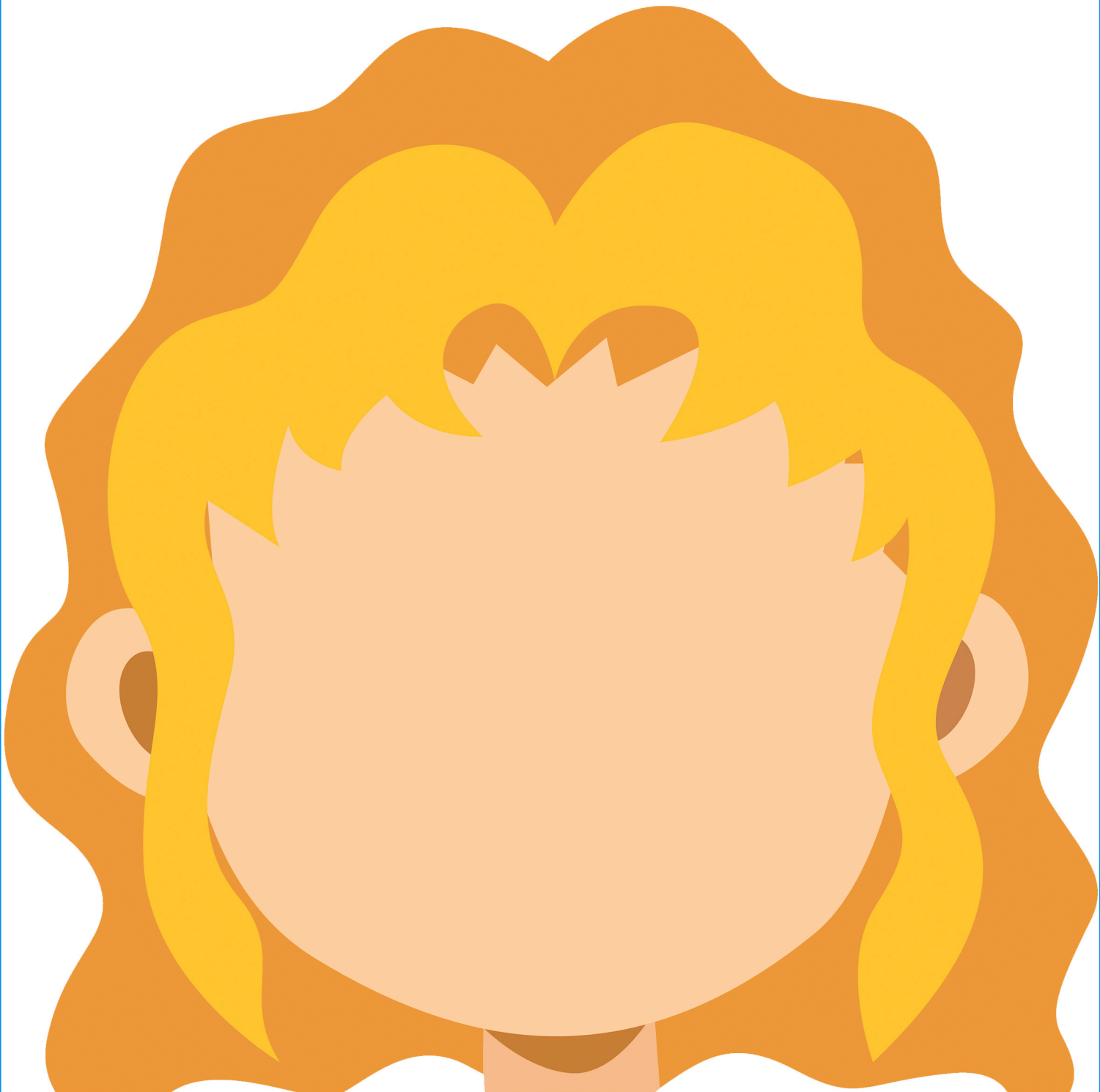
I feel...

I feel like this when everything is peaceful, like when I read a book, listen to soft music, or cuddle with a pet. When I am like this, I breathe slowly, feel relaxed, and my body feels comfortable.



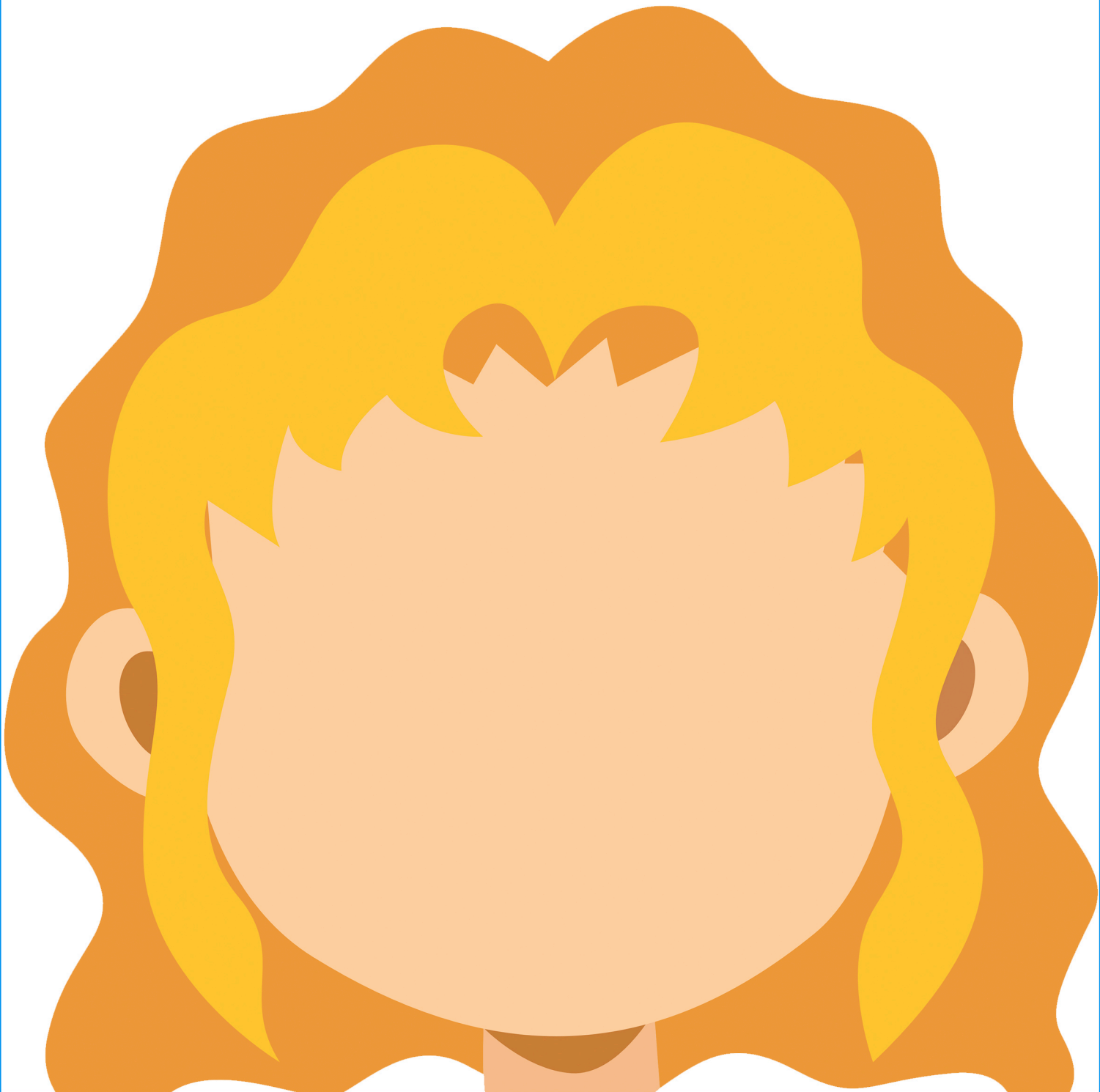
I feel...

I feel like this when something is unfair, someone is mean, or I can't do something I want to do. When I am like this, my face might get red, my fists might clench, and I might want to shout.



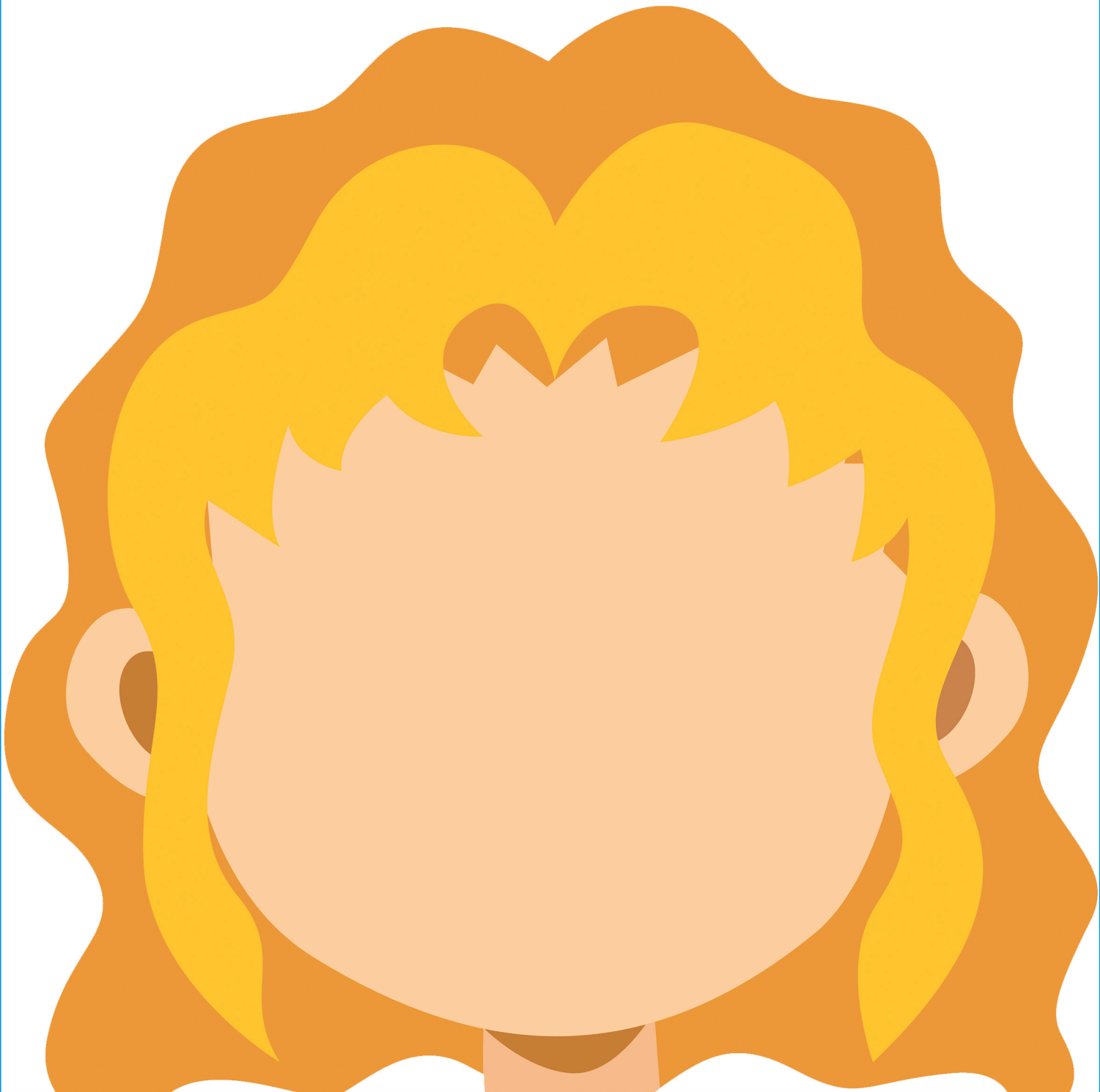
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I feel like this when I hear a joke, watch a silly movie, or see something that makes me laugh. When I am like this, I giggle, smile a lot, and sometimes I can't stop laughing.



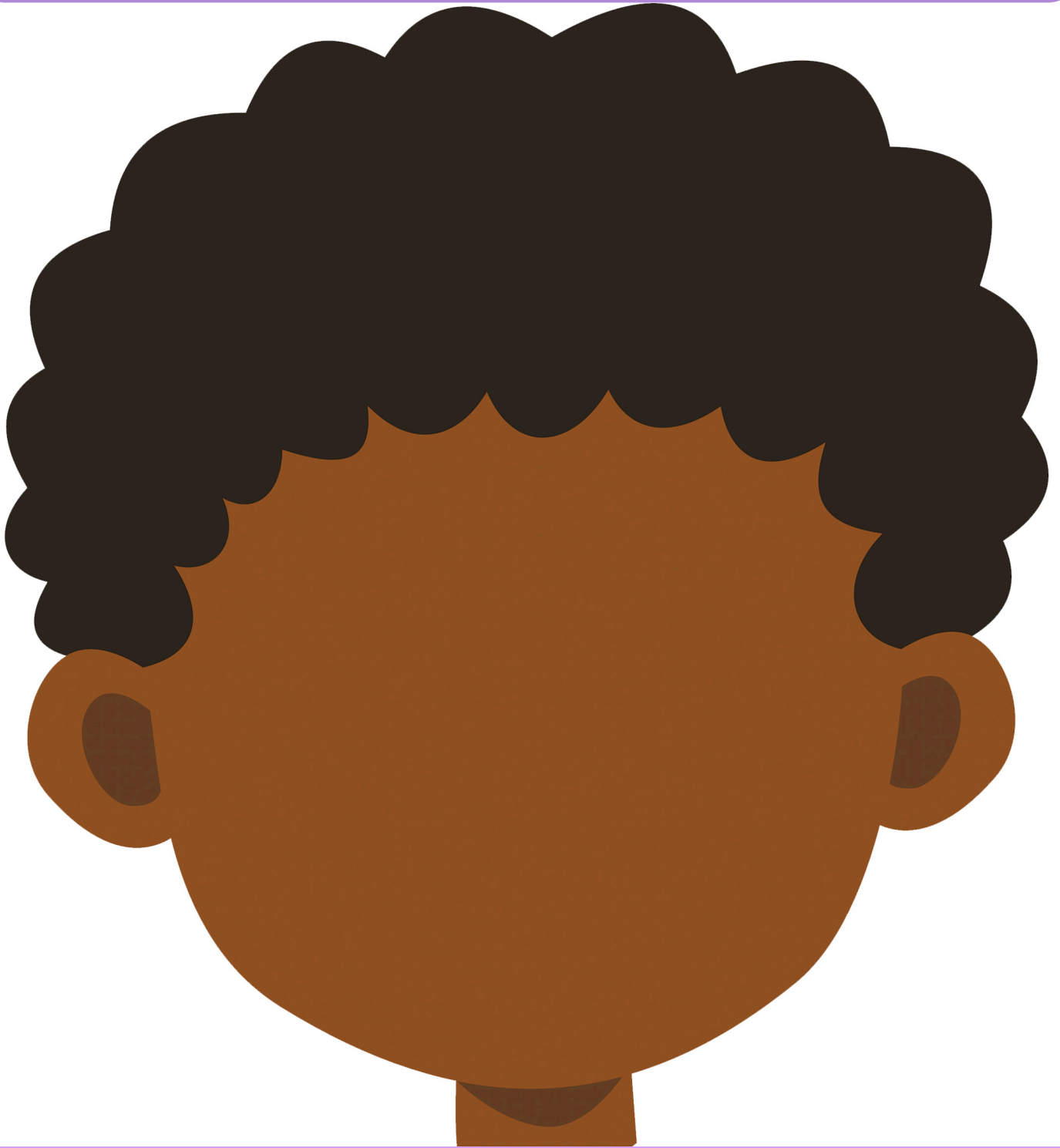
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I feel like this when something seems dangerous, like a loud noise, a dark room, or seeing something spooky. When I am like this, my heart beats fast, I might want to hide, and I feel like I want to run away.



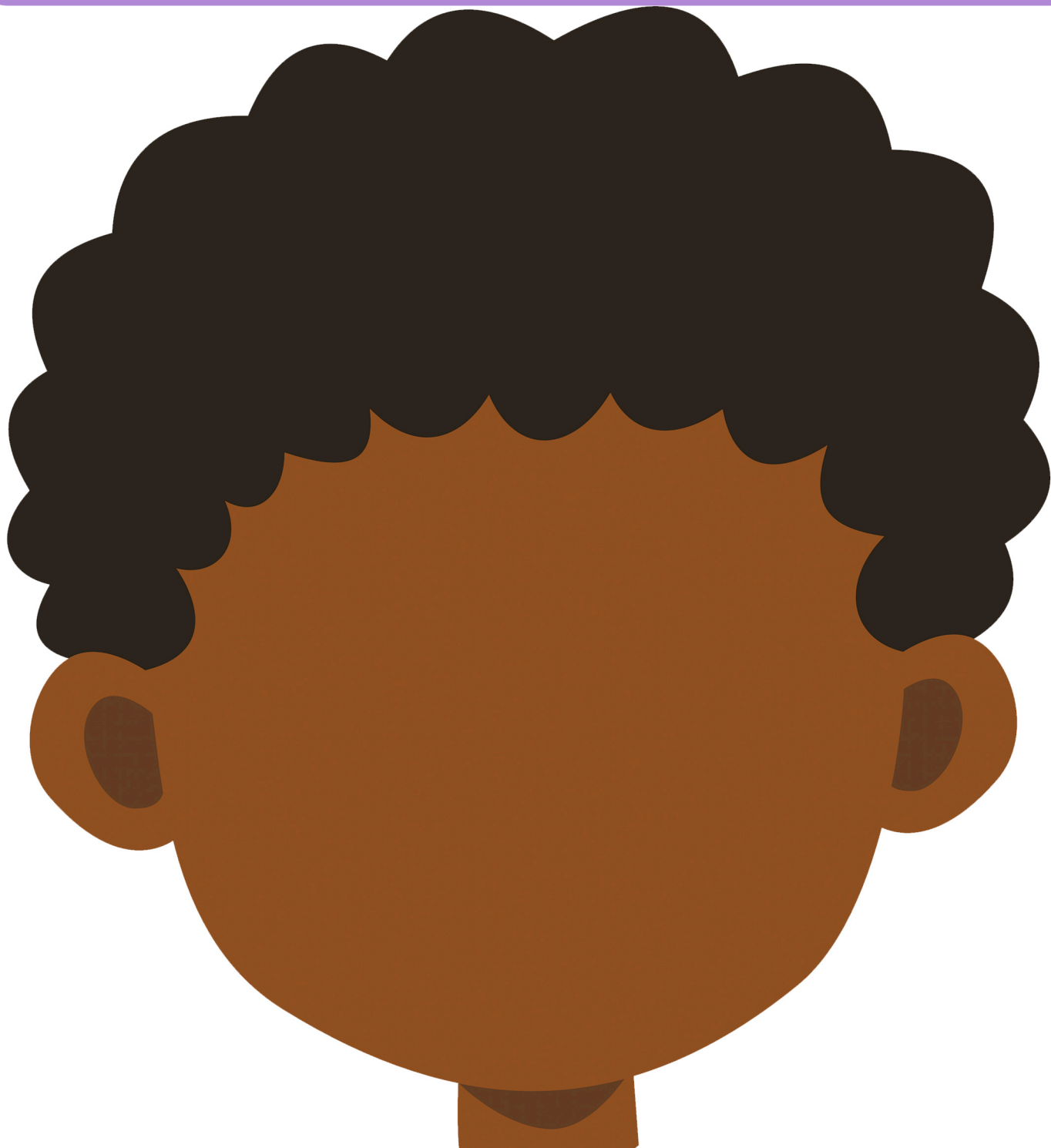
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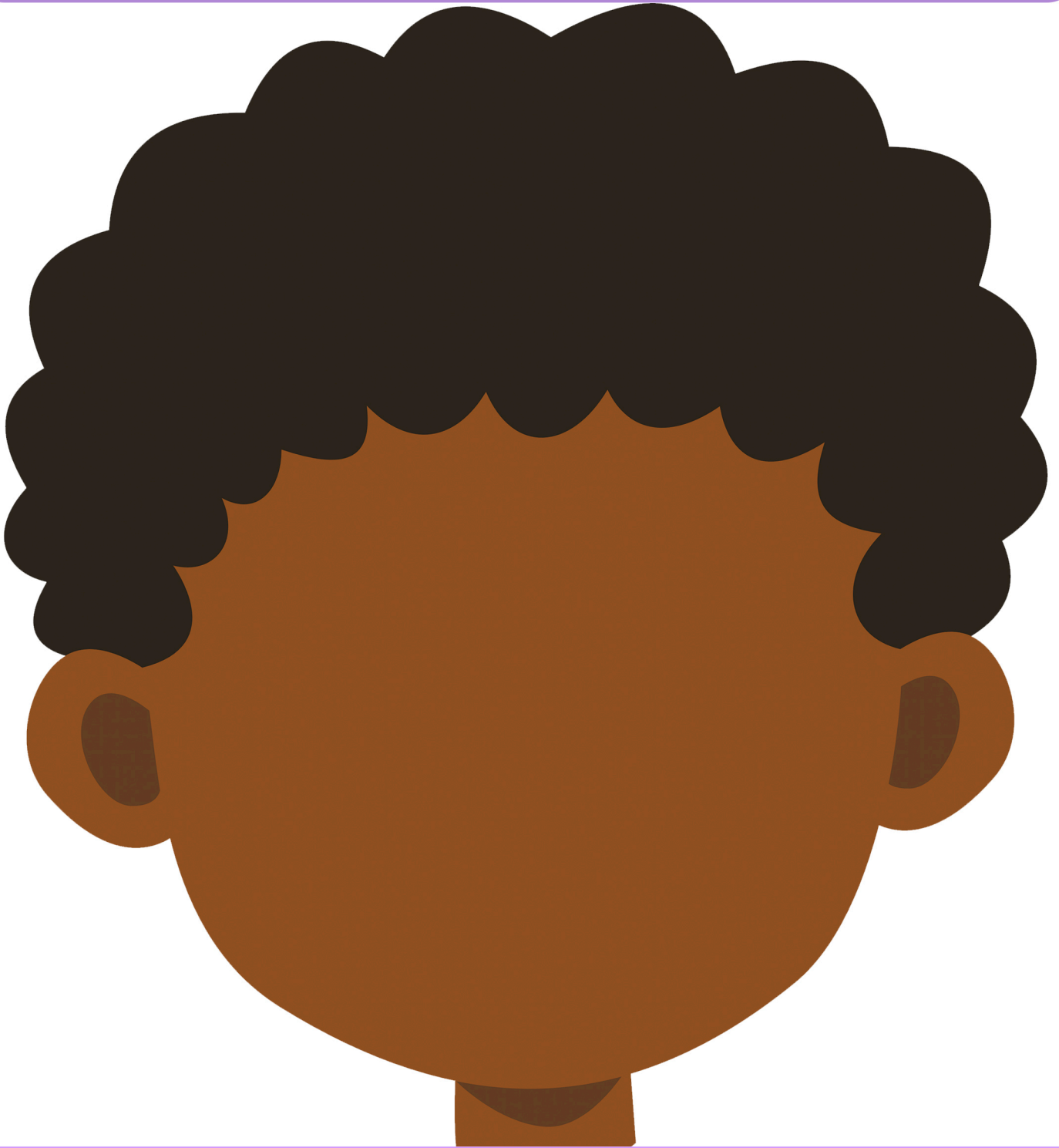
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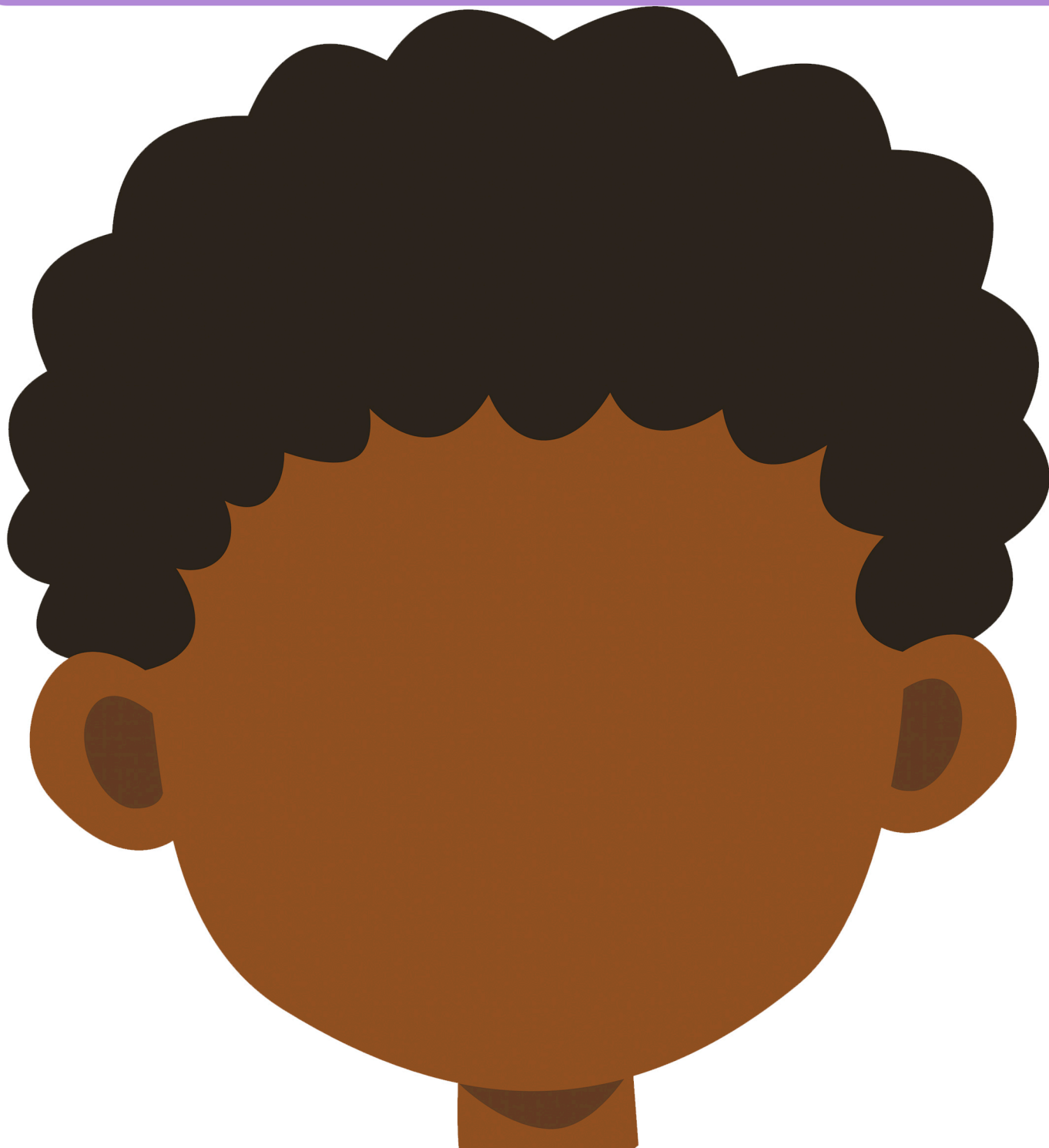
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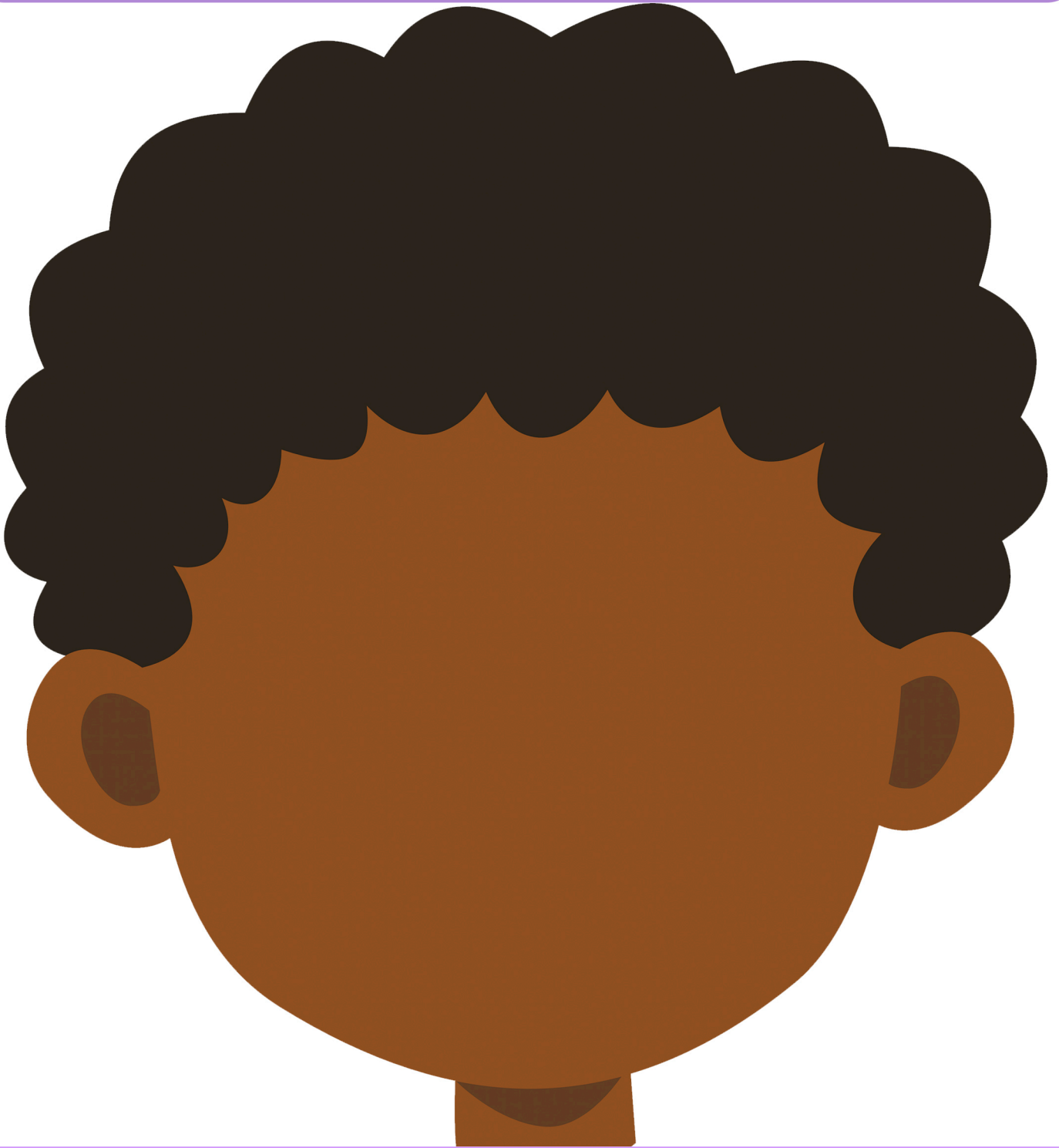
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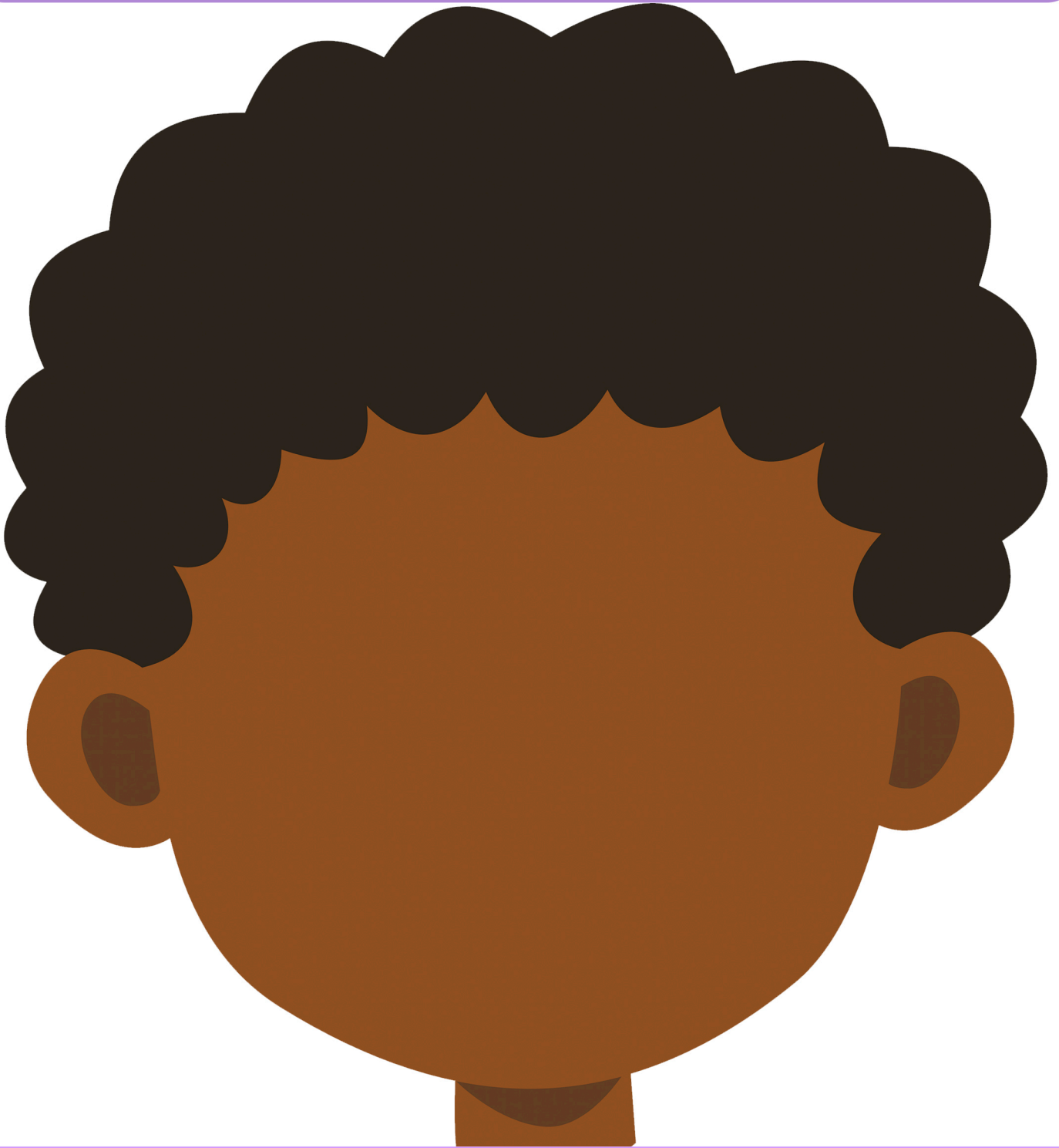
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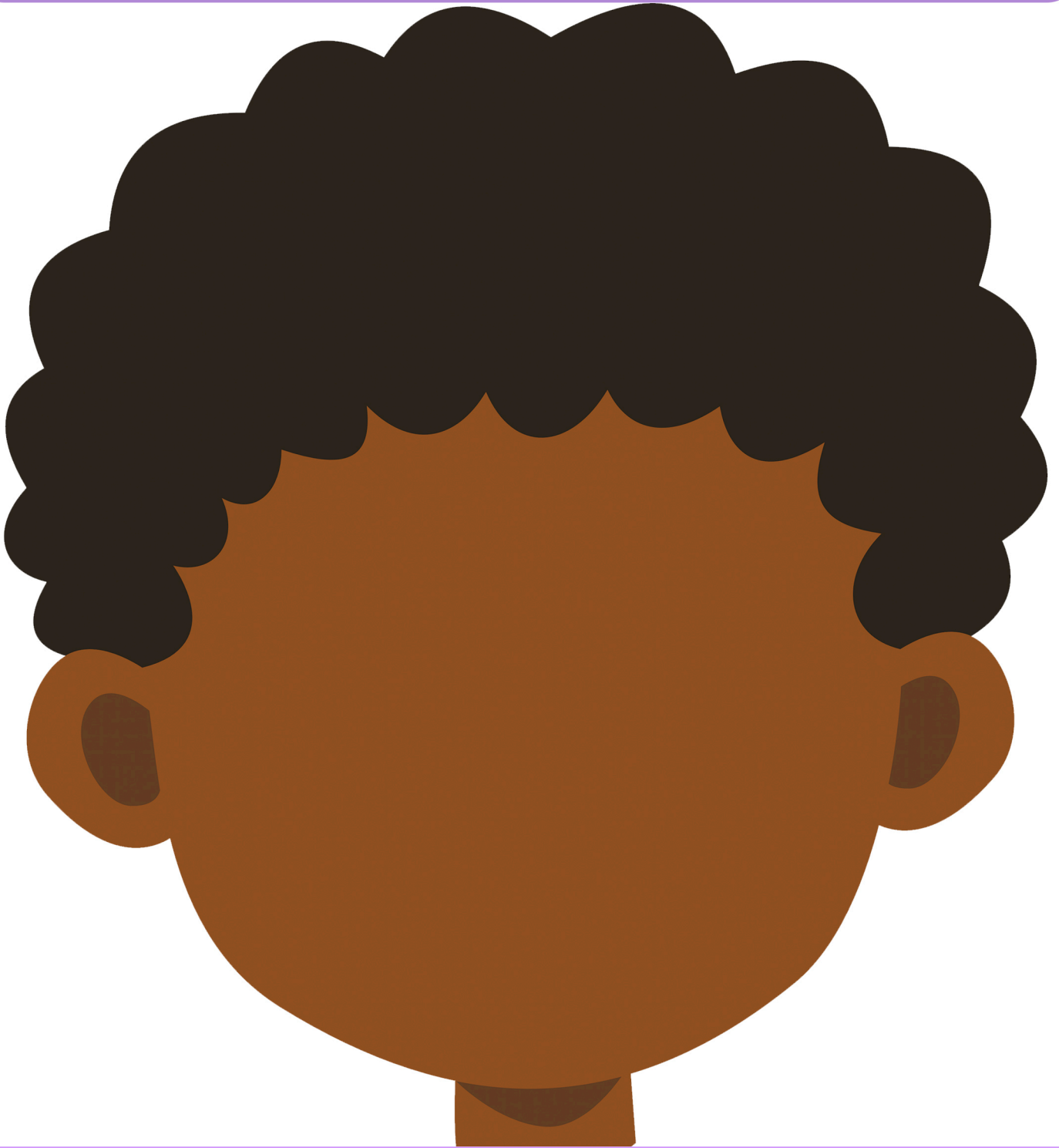
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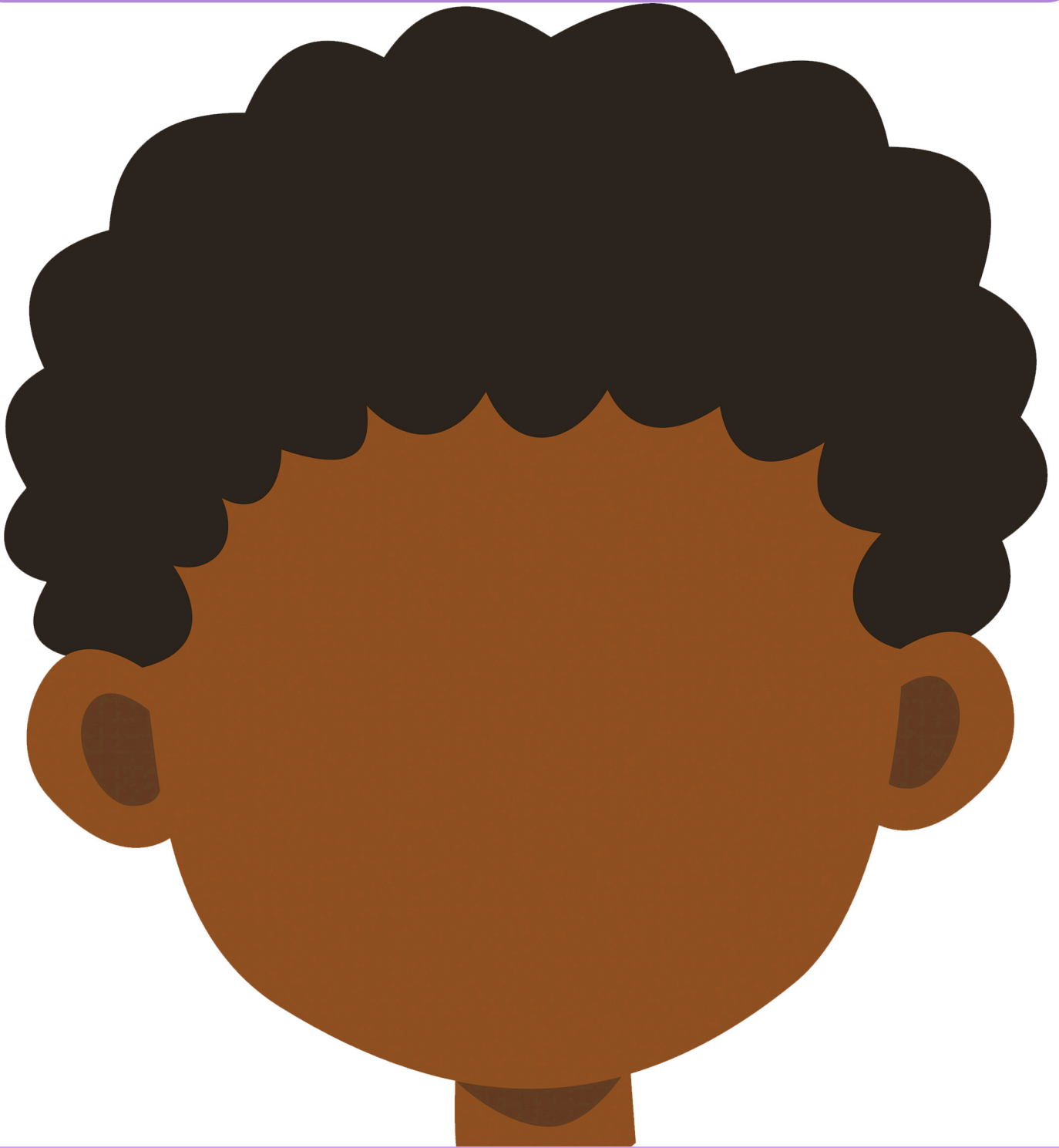
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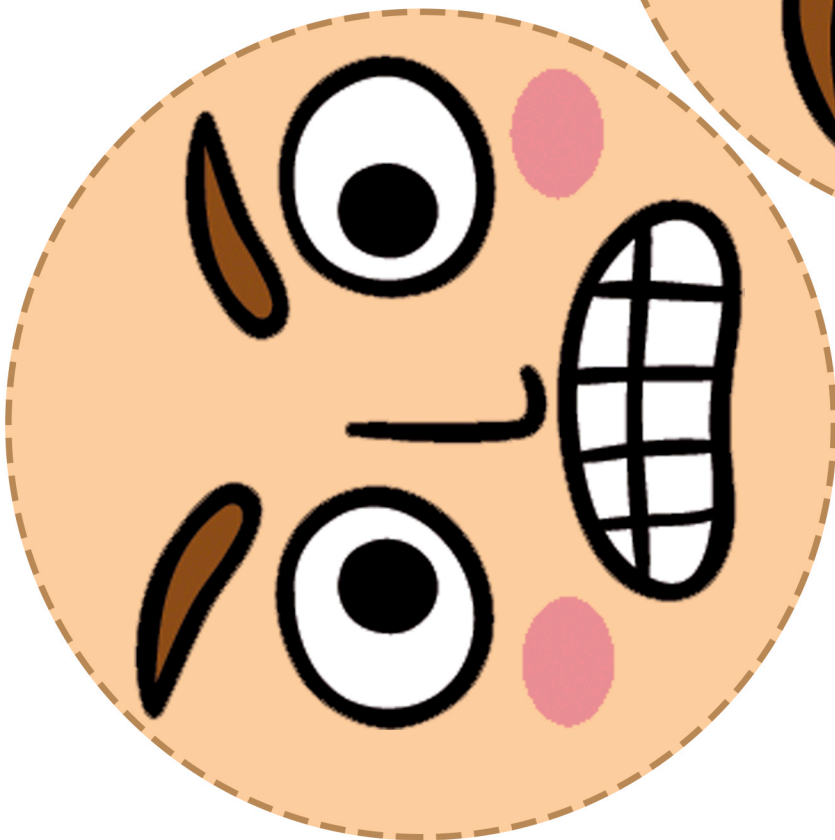
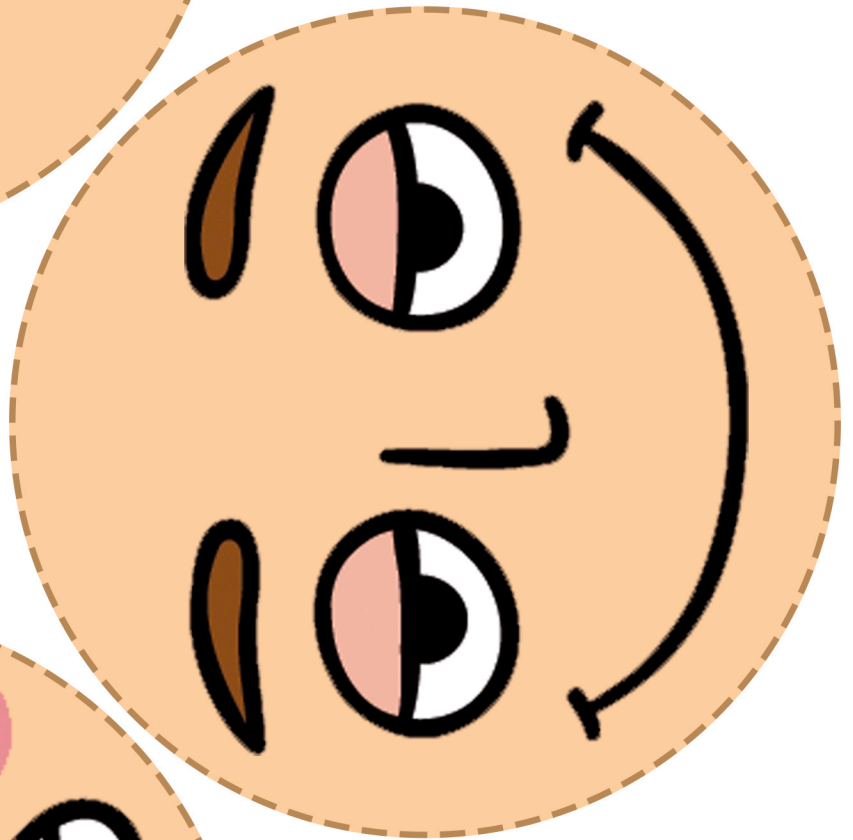
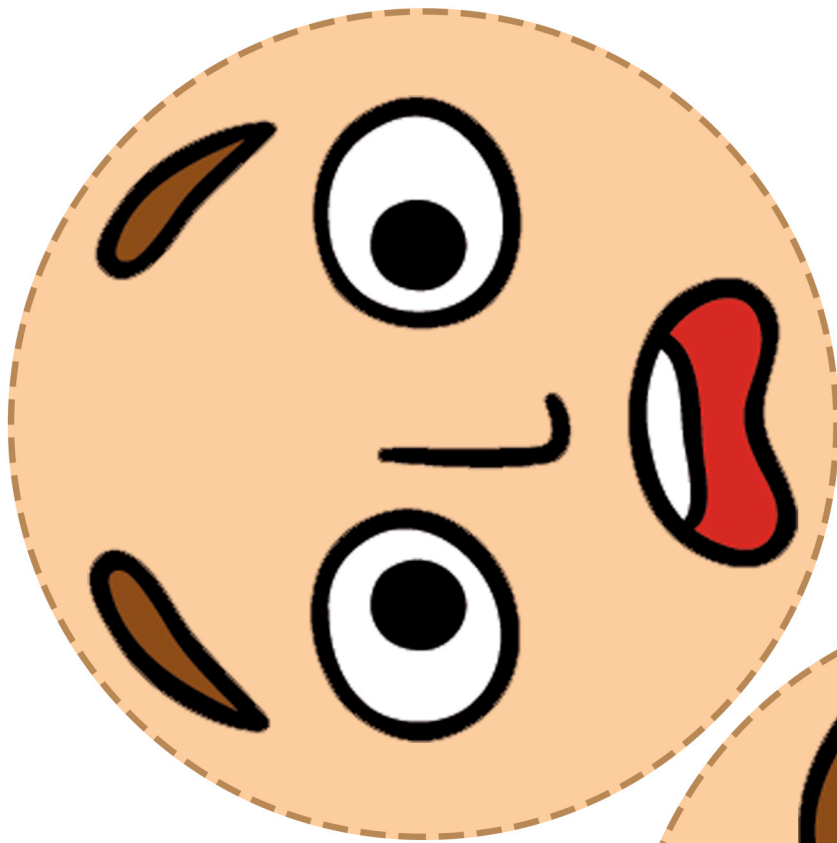


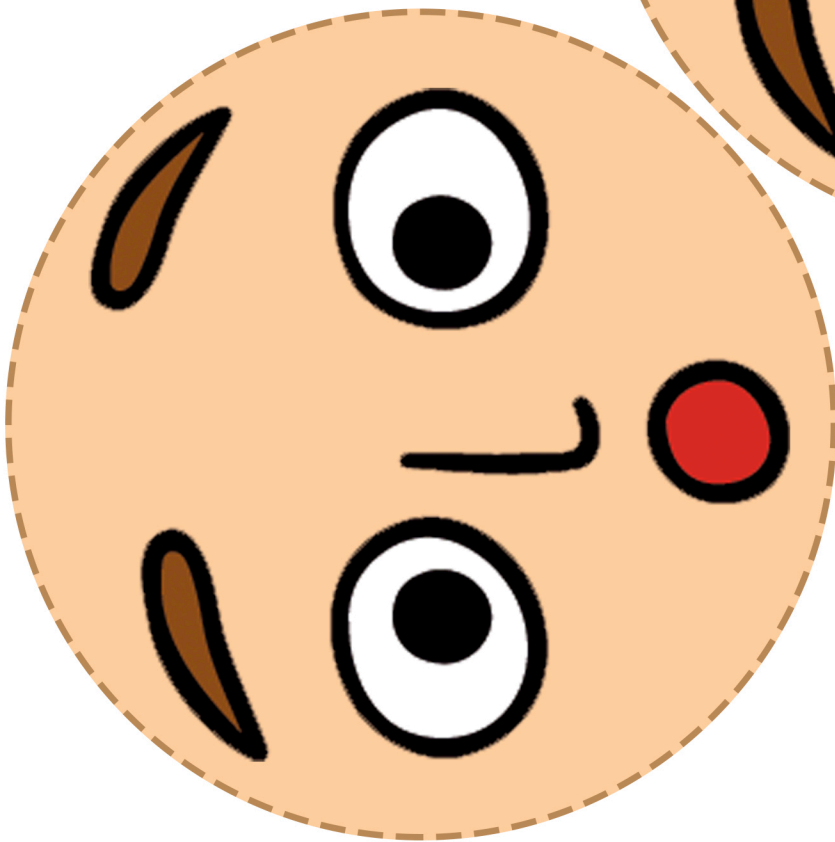
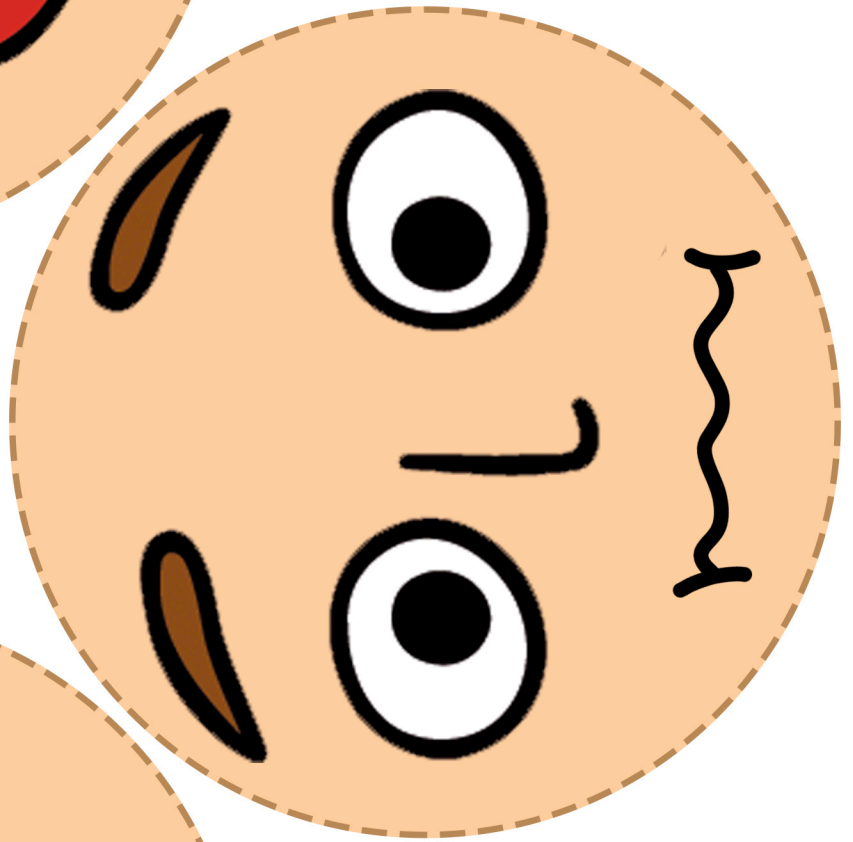
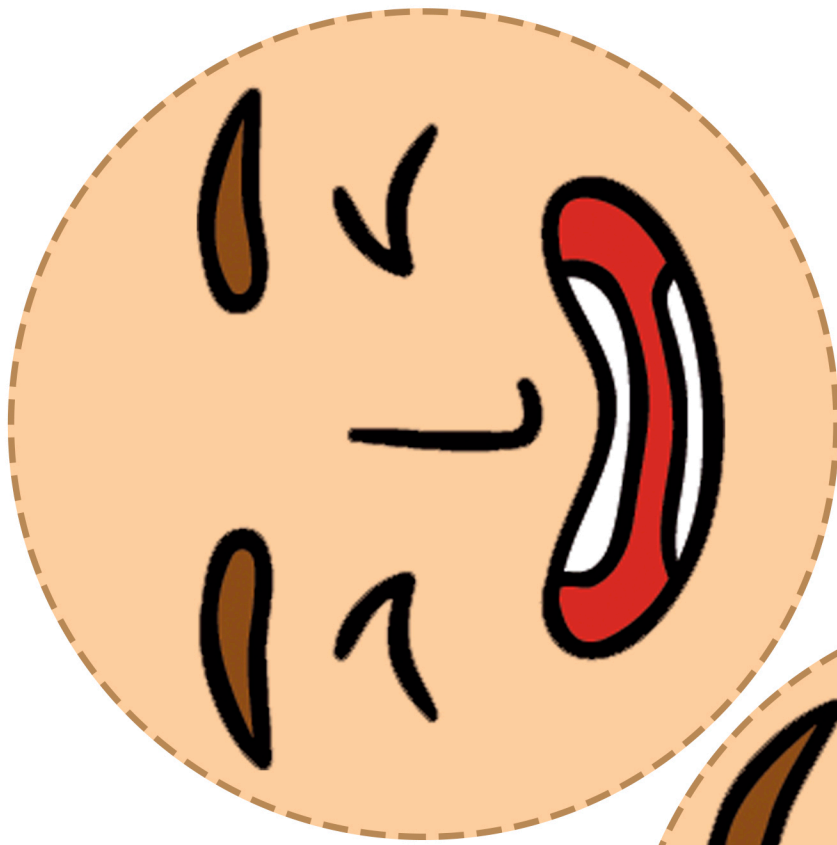
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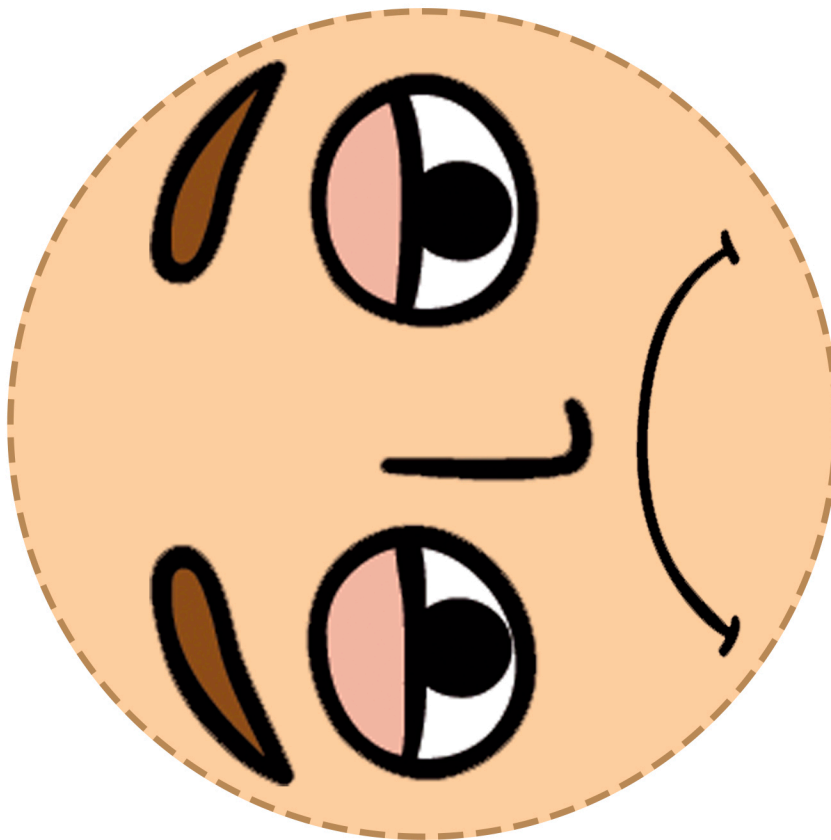
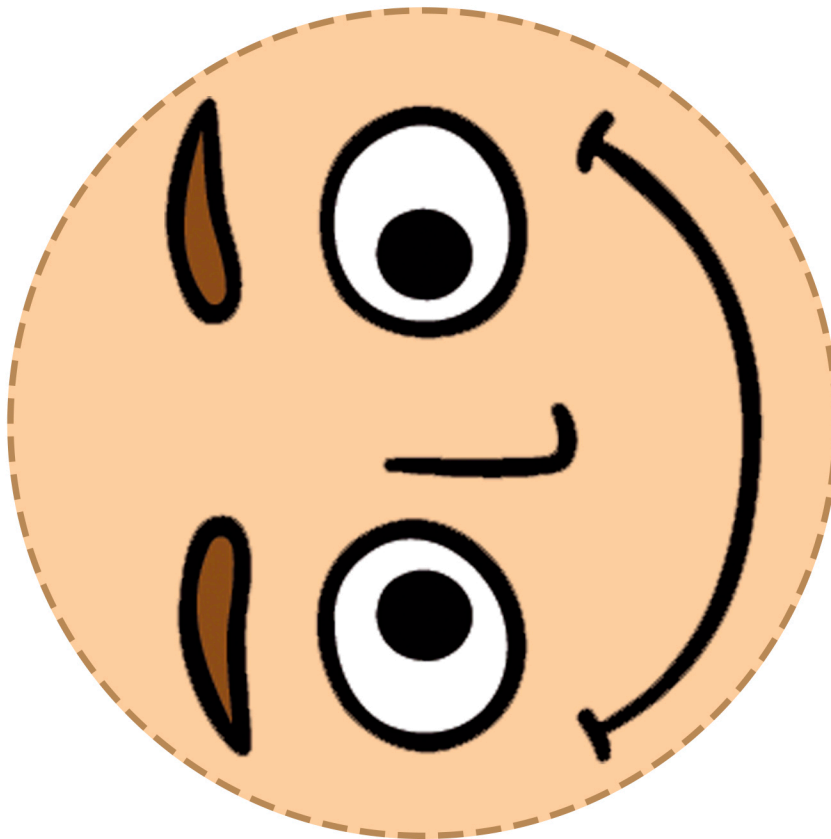
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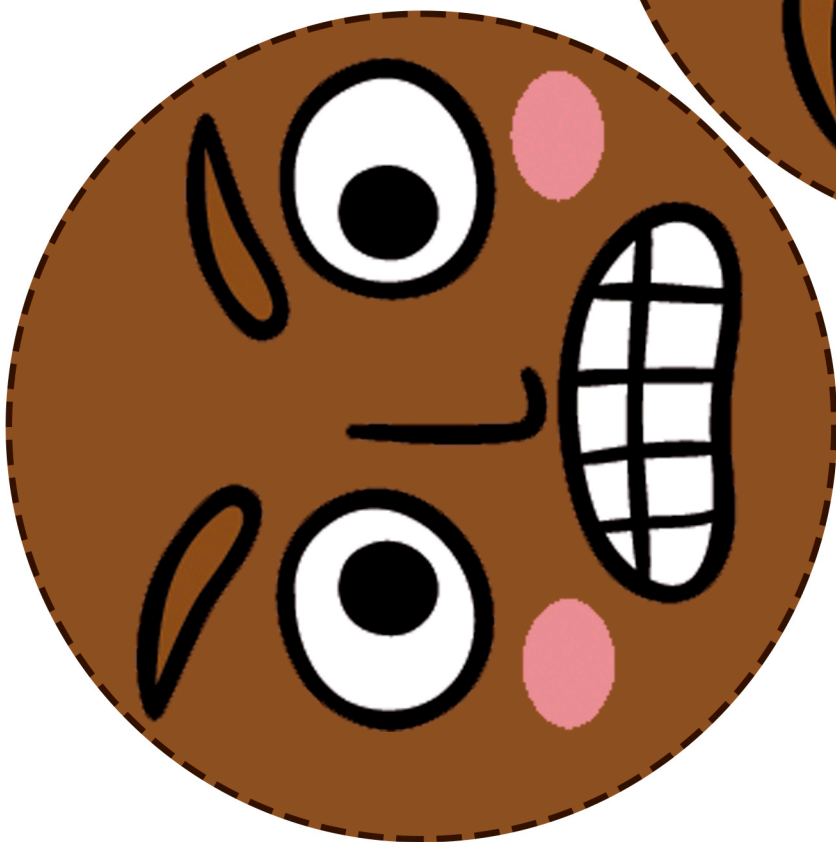
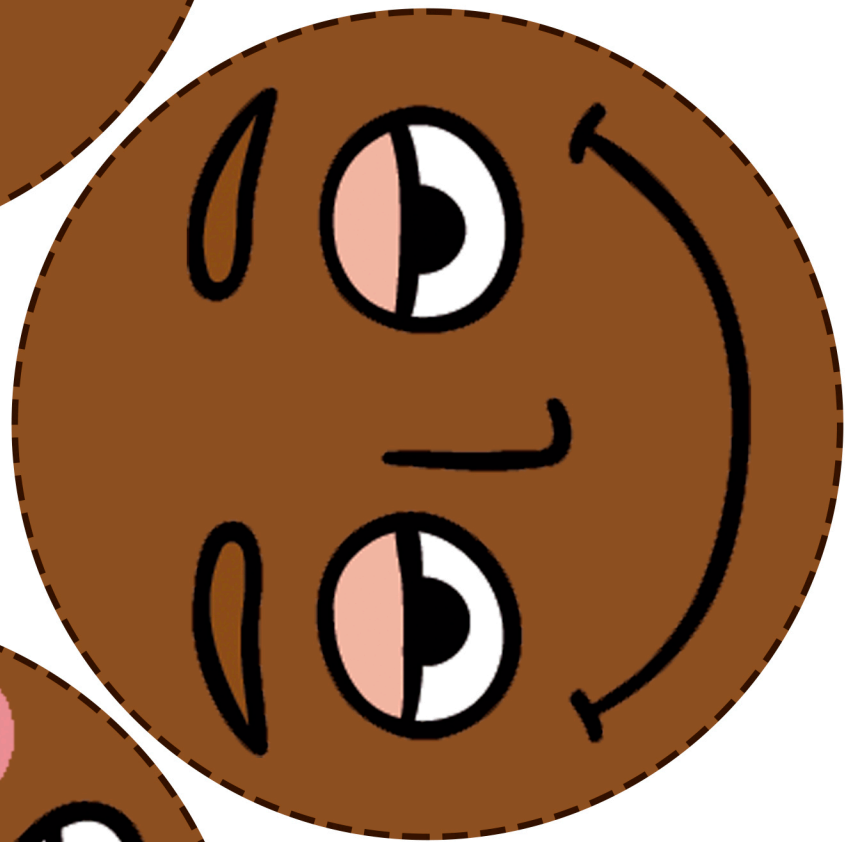
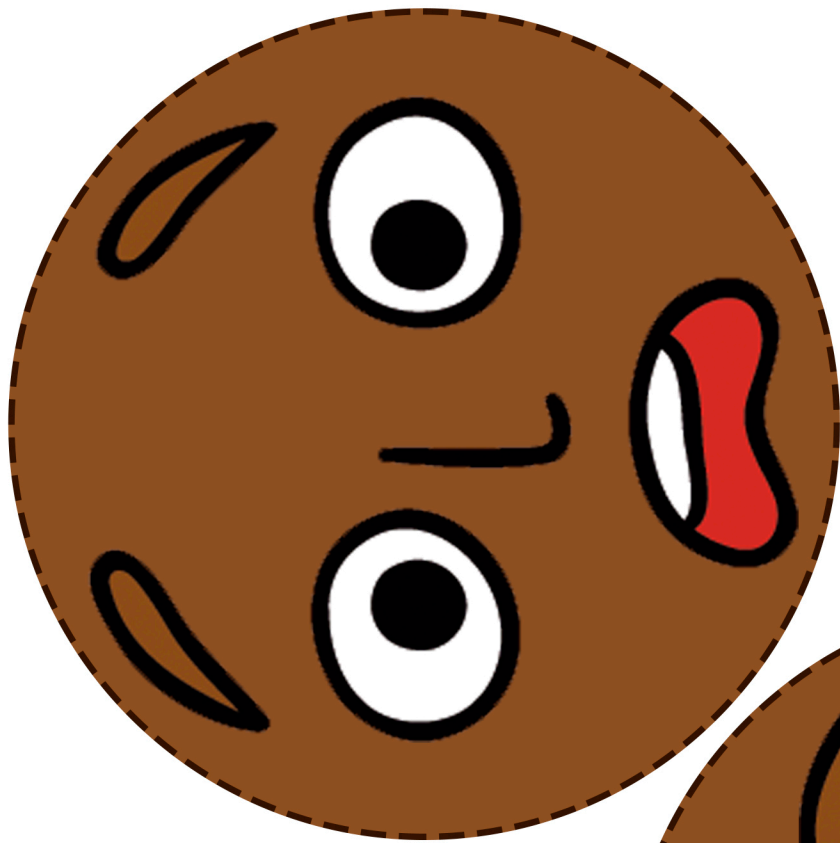


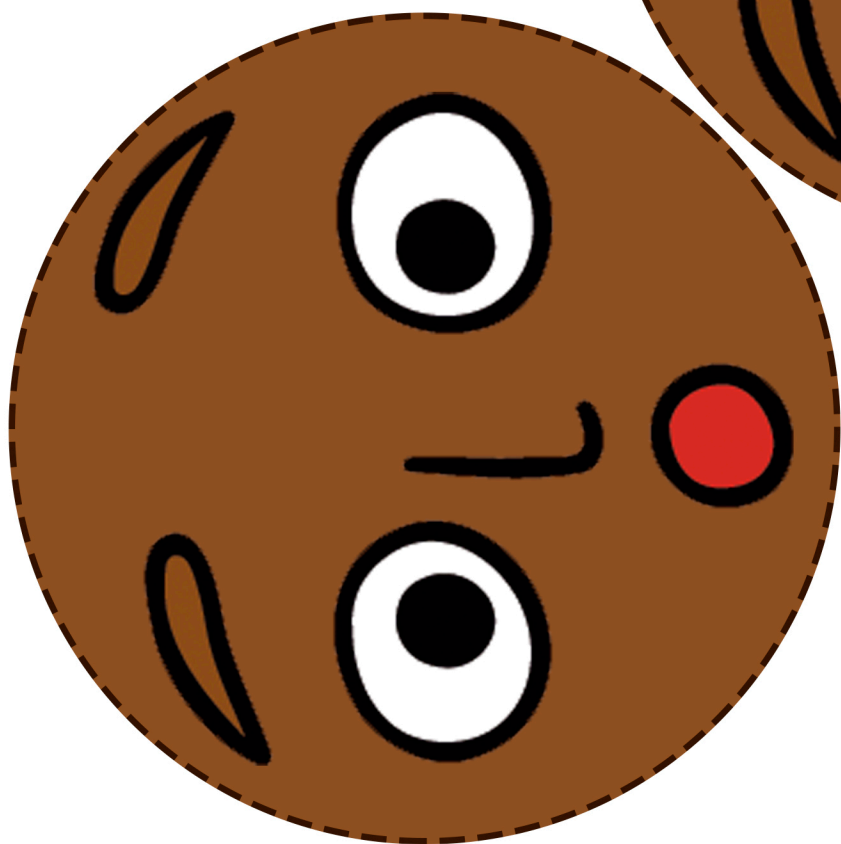
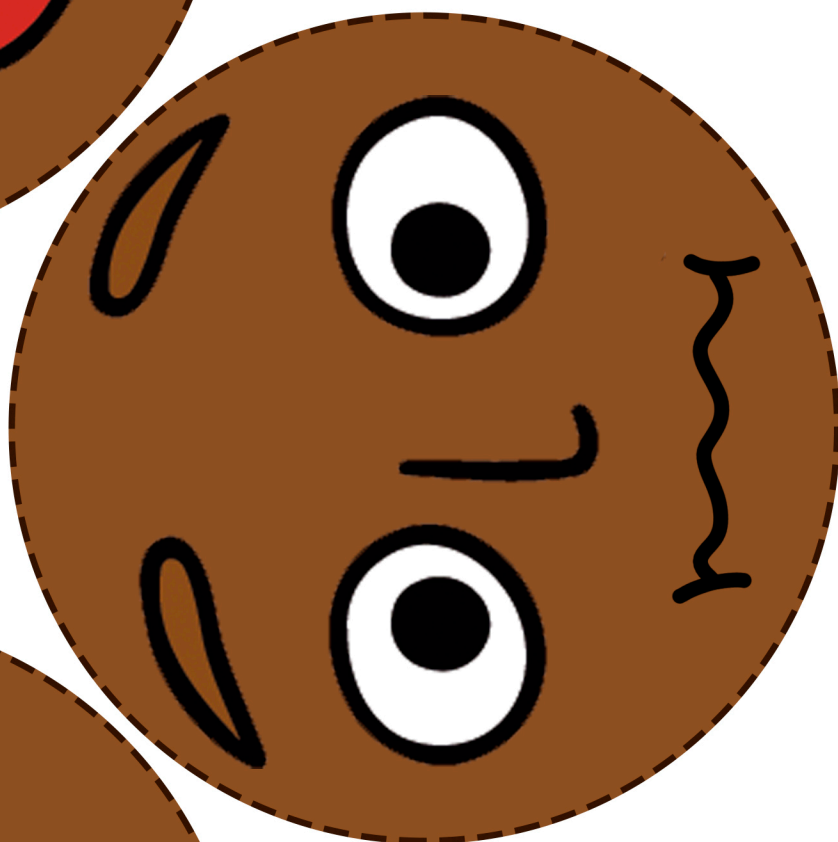
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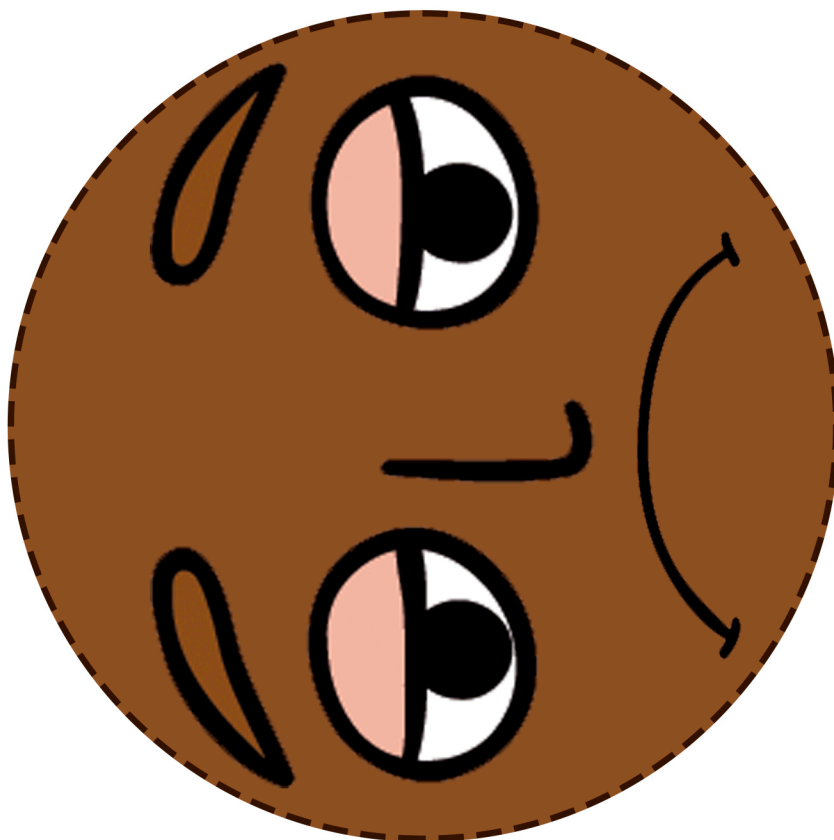
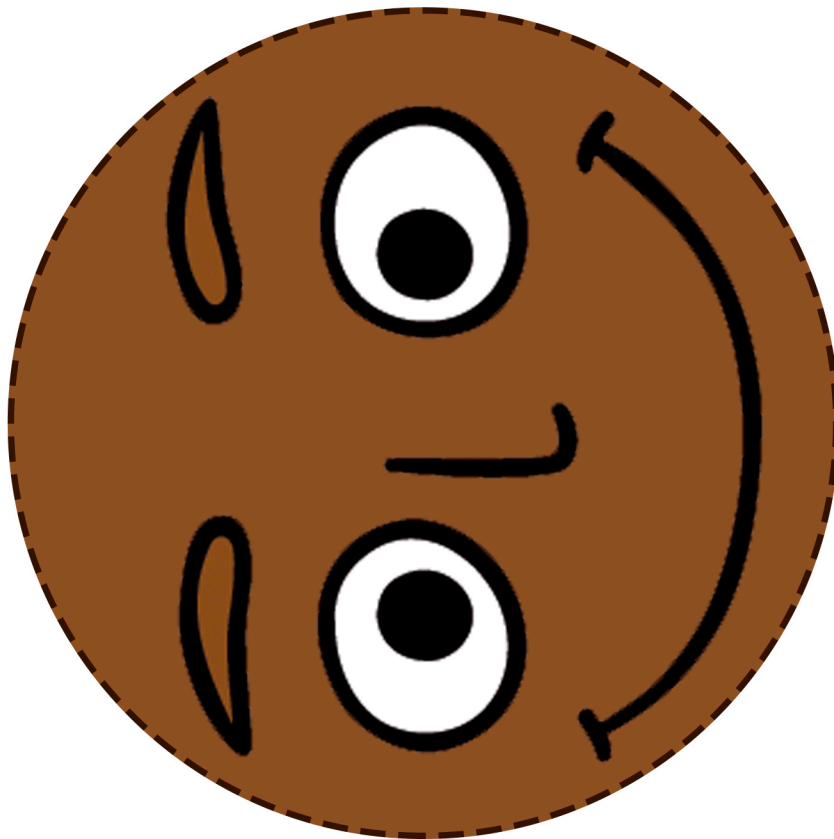












happy

happy

sad

sad

surprised

surprised

angry

angry

calm

calm

scared

scared

nervous

nervous

funny

funny