



This week we discussed stressful situations, communication skills to resolve conflict, upstander & bystander, conflict resolution

HOME CONNECTION

Questions you can ask your child throughout the week:



What part of the collaborative picture they drew?



If they have ever filled another person's bucket by being an UPstander?



Remind them if they cannot resolve a conflict on their own, there are caring adults to help.



Discuss times as an adult that you have been an UPstander.



Discuss how it feels to watch someone be mean to someone else; how it feels when you help someone else