



This week in Unity Kids:
Simon's Hook: A Story About
Teases and Put-Downs. by
Karen Gedig Burnett

HOME CONNECTION

When teased children can sometimes feel hurt, upset or victimized.



Acknowledge how your child is feeling, and let them feel whatever they are feeling. It's okay for them to be hurt, sad, or frustrated.



Encourage your child to see themselves as a strong and free fish with many choices no matter what hooks another person might throw at them.



Ask them: Did someone throw a hook at you?, Did you bite?, Were you caught?, How could you avoid that hook? How can you swim free?

Children learn much by observing adults.



How do you handle your conflicts? When someone directs unkind words towards you, do you get hooked?

How can you swim strong and free and not bite at other people's negative behavior?